Ladyfinger #75

"Why Do Neurotypicals?"
Part Two: Small Talk

An Essay in Explainment

Sorry about that.
In issue #74, my inner child took over and started writing poetry.
I guess I must be doing trauma work asking this question!
But I have grownup work to do here too, so let's ask it again.

Why do neurotypicals do small talk?

The big answer is **entropy**, the (creative and) destructive force that's everywhere... even relationships.

And there are smaller matters too, that will all fit together. I hope. Let's keep going.

Small talk is like Homer Simpson's "everything's okay" alarm.* it goes
Waaa! Wooohh! Whaaah!
all day long, as long as everything's okay.
It may distract you from your books and models, but the neurotypicals need it.
If it stops, they'll know somebody's mad at them.
Then they'll initiate an emergency procedure to restore social harmony.

Imagine the sandcastle
from the last issue. They
have to slap more wet sand
onto its walls, nonstop.
Because the tide doesn't stop.
That's entropy.
The cold master that shaves
everyone.

And it's true all up and
down the beach. There are
many structures, and all must
be attended to constantly.
Else it'll all turn to flat,
unoccupied strand.

I have so much more here, but maybe I should keep it simple because what I want to do with it is offer (don't laugh) practical relationship advice to autistic people like me. Typicals know this without being told, but I wish someone had told me explicitly that relationships are always decaying. Left alone, they will always go away. Because you **cannot "have"** relationships.

You can only **do**... relationshit.

5.

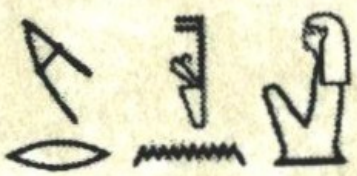
"Having" relationships is neurotypical vocabulary.
It reflects their possessive mindset.
It reveals that if they could have you, they would use you.
Do you want to be used by some boring, undeserving people? No! So put your guard up a little bit, like they do. Don't be so wide open all the time. They don't deserve to see your beauty, let alone reach toward your insides.

Boundaries are not some lightweight therapeutic motto. No, they're important. I've been thinking about them a lot. I've been thinking about them mathematically, even. Not as **personal boundaries**, but as **boundary conditions**.

Like in an equation!

They define the thing.
In a connected, flowing system, they draw separations of existence. In a churning, real world? Your therapist will say they **protect you**.

I wonder if they just plain **make you**.



Z_LXXV (C) 27July2025

Morgan Stern
Ladyfinger Press
signal@morganstern.33

For pt. 1, see #74

"Why do they act
Like they don't
Understand you?"

1.

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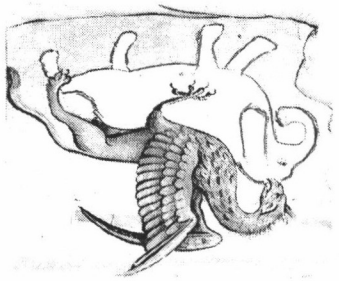

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_Morgan Stern
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